

Food Pantries

Harvest House Food Pantry Abington

127 North Quincy Street Abington, MA - 02351

781-961-4402

***Provides a food pantry. Open the first and third Saturday of the month 10 a.m.-noon.**

Eligibility restrictions. Call for details.

St Vincent de Paul/Abington Food Pantry

455 Plymouth St. Abington, MA - 02351

781-878-6087

***Provides a food pantry. Open Tuesday 5:30-7:30 p.m. Eligibility restrictions.**

The Rockland Food Pantry

12 Church St. Rockland, MA - 02370

781-878-1078

The Food Pantry is open every Wednesday from Noon to 2:00 PM. It is also open on the third Wednesday of each month from 5:30 to 7:00 PM.

Catholic Charities Brockton Pantry

686 North Main Street Brockton, MA - 02301

508-587-0815

*** Provides a food pantry. Open Monday-Friday, hours vary, eligibility restrictions**

Weymouth Farmer's Market

Legion Memorial Field, @corner of Commercial and Middle Streets Weymouth, MA 02189

(781) 340-5012

Jun 4, 2016 - Oct 15, 2016 Saturday: 9:00am - 12:00pm

***Accepts EBT and debit cards. We also match SNAP benefits dollar to dollar up to \$20/day.**

Brockton Farmers Market

45 School St. Brockton, Ma

***Fridays 10am-2pm July 8th to October 28, 2016. Accepts SNAP/EBT/Food stamps.**

Several vendors will accept WIC and Elder Coupons.

Domestic Violence

DOVE

Quincy

Hotline 617-471-1234 Business: 617-770-4065

Brockton Family Resources

508-583-5200

South Shore Women's Center

508-746-2664

www.thesswrc.org

A New Day, Penelope's Place

Hotline: 508- 588-2041 Business: 508-588-2045

Family and Community Resources, Inc

Hotline: 508-583-6498 Business: 508-583-6498

GLBTQ Domestic Violence Project

455 Massachusetts Ave, Cambridge Ma

800-832-1901

National Domestic Violence Hotline -- 1-800-799-SAFE (7233)

National Sexual Assault Hotline -- 1-800-656-HOPE (4673)

Transportation

PT1

www.mass.gov/masshealth

- Have Licensed professional fill out the form and submit it to insurance

MBTA Reduces Fares

http://www.mbta.com/fares_and_passes/reduced_fare_programs/

BAT

To arrange a trip in Brockton call Dial-A-Bat before 4 p.m. at least one day in advance. The number to call in Brockton is: (508) 584-5530

<http://www.ridebat.com/fares/>

The RIDE

Phone: Call us at 888-844-0355 (voice, Relay) from 7 AM - 8 PM Monday through Friday and 9 AM - 5 PM.

http://www.mbta.com/fares_and_passes/ride/

Assistance

Fuel Assistance, Weatherization Services, & Heating System Services Self Help INC

1362 Main St. Brockton

508-588-5440

Email: AGross-Shannon@selfhelpinc.org

1-800-255-0875 - Toll Free

Childcare Assistance

Phone: 508-559-1666

Fax: 508-583-3808

Email: cpc@selfhelpinc.org

Department of Transitional Assistance

(Transitional Aid to Families with Dependent Children (TAFDC), Emergency Aid to the Elderly, Disabled, and Children (EAEDC), and SNAP benefits)

60 Main Street Brockton, MA 02301

Phone: 508-895-7000 Fax: 617-887-8765

Brockton Social Security Office

30 Christy's Drive

Brockton, MA 02301

Social Security Phone (Local): 1-888-717-1524

Social Security Phone (Nat'l): 1-800-772-1213

TTY: 1-508-588-7992

Housing

ABINGTON HOUSING AUTHORITY

71 Shaw Avenue
Abington, MA 02351
781-878-5219

Brockton Housing Authority

45 Goddard Road
Brockton, MA 02301
Phone: 580-588-6880

Emergency Shelter Assistance (Families)

Brockton TAO
60 Main Street
Brockton, MA 02301
508-895-7000

Emergency Shelter Assistance (Individuals)

Father Bill's Place

38 Broad St. Quincy, MA 02169
617-770-3314

Mainspring House

54 N. Main St Brockton, MA 02301
508-997-5441

New Pathways Emergency Shelter for Teens-Brookline Community Mental Health Center (Male Youth)

41 Garrison Road Brookline, MA 02445
617-277-8107

National Runaway Safeline (Youth)

800-786-2929

Family Support for Mental Health, Disabilities, & LGBTQ

Substance Abuse and Mental Health Services Administration

<http://www.samhsa.gov/>

Emotions Anonymous

12-step format for dealing with emotional distress; call for statewide meeting list
(651) 647-9712

Mental Illness Education Project

Associated with NAMI of Mass.; provides training tapes and literature; offers presentations to groups on mental illness
(617) 562-1111

National Alliance on Mental Illness of Massachusetts

www.namimass.org

Provides support for families that include a person with mental illness
(800) 370-9085

National Alliance on Mental Illness (NAMI)

www.nami.org

(800) 950-6264

Massachusetts Association for Mental Health

www.mamh.org

MAMH promotes, advocates, and develops community based education, healthcare, and mental health services for children and adults
(617) 742-7452

Parent/Professional Advocacy League (PAL)

www.ppal.org

Non-profit organization that advocates for families whose children have emotional disturbance or mental illness; statewide support group meetings
(866) 815-8122

Federation for Children with Special Needs

www.fcsn.org

Non-profit organization that provides information and advocacy for any family with a special needs child including kids with serious emotional disturbance

(617) 236-7210

PFLAG (Parents and Friends of Lesbians and Gays)

Parents and friends of Lesbians and Gays; provides information, advocacy and support

(866) 427-3524

Asperger's Association of New England (AANE)

Non-profit advocacy organization for persons with Asperger's Syndrome

(617) 393-3824

Brain Injury Association of Massachusetts

www.biama.org

BIA-MA has a toll-free helpline staffed by social workers who can provide information, resources, support, and informal counseling.

(508) 475-0032

Brain Injury Helpline

(800) 242-0030

State Head Injury Program

Provides services for people with brain injuries; runs through the Massachusetts Rehabilitation Commission (MRC)

(617) 204-3852

HOTLINES

AIDS Action Committee of Massachusetts

(800) 235-2331

- provides information and referral for persons with AIDS/HIV

Child at Risk Hotline

(800) 792-5200

- call in to report suspected abuse or neglect of a child

National Suicide Prevention Hotline

(800) 273-8255

www.suicidepreventionlifeline.org

- federally funded suicide prevention hotline; connects individuals to crisis centers across the country; staff have essential resources to assist in a suicide crisis

Samaritans

(877) 870-4673

- crisis hotline staffed by volunteers; provides support to persons who are suicidal or in despair

Samariteens

(800) 252-8336

- crisis hotline for teens; staffed by teen volunteers; help for any teen who is suicidal or in despair

Disabled Persons Protection Commission (DPPC)

(800) 426-9009

- call in to report suspected abuse of adults with disabilities between the ages of 18-59

Elder Affairs Hotline

(800) 882-2003

- staff provides assistance to elders on areas of concern; also provides connection to Protective Services when elder abuse is suspected

Fenway Violence Recovery Project

(800) 834-3242/ HOTLINE: (617) 267-9001

- run out of the Fenway Community Health Center, the project helps the gay/lesbian/bisexual/ transgender community with the aftermath of violence, including hate crimes and domestic violence

Mass Transgender Political Coalition (MTPC)

(617) 267-9001

Peer Listening Line: 617-627-2535

Toll Free 800-339-7337

Health Care For All (HCFA)**(800) 272-4232**

- Seeks to create a consumer-centered health care system that provides high quality care and consumer education for everyone

(617) 350-7279**Massachusetts Substance Abuse Hotline****(800) 327-5050**

- provides information and referral about substance abuse and treatment; run through DPH

Alcoholics Anonymous (AA)**(800) 327-5050**www.helplineonline.com

- 12-step support groups for persons with alcohol addiction

Narcotics Anonymous (NA)**(800) 327-5050**

- 12-step support groups for persons with drug addiction

Alanon/Alateen**(508) 366-0556**

(this is a statewide number for accessing local groups)

- support groups for family and friends of persons with addictions; Alateen is specifically to address the support needs of young people

Massachusetts Council on Compulsive Gambling**(800) 426-1234**

- support groups for persons with a gambling addiction

WARM LINES

***Warm lines are run *by* and *for* consumers; they are used by consumers who need to talk to someone, but are not in crisis**

Central Massachusetts

- **Crossroads Warm line** (978) 629-8485
Hours: daily 4-7 pm and 10-12 pm
- **Tradewinds Warm line** (508) 864-0270
Hours: Friday 4-10 pm, weekends 10 am-10pm
- **Westwinds Warm line** (508) 426-1660
Hours: daily 6-9 pm
- **Central Mass. Recovery Learning Community** (508) 468-9740
Hours: daily 6-8 pm

Metro Boston

- **Peer Warm Line (Metro Boston RLC)** (877) 733-7563
Hours: Mon, Thurs, Sat 4-8 pm

Metro Suburban

- **C.A.S.T.L.E** (617) 610-7907
Hours: Mon –Fri, Sun 7-11 pm (617) 243-3977
- **The Peer Line** (508) 879-2250 x168
Hours: Mon –Thurs 8:30 am – 7:30 pm,
Fri 9-5 pm
- **The Consumer Warm line/Edinburgh Center** (800) 243-5836
Hours: Mon –Fri 5-10 pm, weekends 1-10 pm
- **The South Shore Warm Line** (617) 689-1050
Hours: Mon, Thurs, Fri, Sun 5-10 pm (617) 689-1051

LEGAL RESOURCES

- **Center for Public Representation** (413) 587-6265
www.centerforpublicrep.org
non-profit organization that provides legal assistance to consumers (e.g. discrimination cases)
- **Committee for Public Counsel Services (CPCS)** (800) 882-2095
provides free legal representation for consumers facing commitment hearings
- **Disability Law Center** (800) 872-9992
www.dlc-ma.org
non-profit organization that provides legal assistance for any person with a disability including consumers. The DLC is the agency that provides protection & advocacy services for consumers in Massachusetts.
- **The Lawyers Clearinghouse** (617) 778-1980
www.lawyersclearinghouse.org
Provides pro bono legal services to guests of area homeless shelters and others in need, nonprofit organizations and groups seeking nonprofit status
- **Mass. Correctional Legal Services** (617) 482-2773
non-profit advocacy organization for inmates
- **Mass. Law Reform Institute** (617) 357-0700
www.mlri.org
non-profit agency that provides legal assistance, information and advocacy particularly for the poor and disenfranchised
- **Mass. Commission Against Discrimination (MCAD)** (617) 727-3990
assists in any discrimination case; particularly helpful to consumers who have encountered problems in the workplace or have been fired due to mental illness
- **Mental Health Legal Advisors Committee** (800) 342-9092
www.mass.gov/mhlac
agency that provides legal assistance to consumers
- **Volunteer Lawyers Project** (617) 423-0648
legal representation reduced fees